STOP DOING

What do you need to STOP doing to free up your time and reach a new level in your business?

STOP DOING LIST	ACTION (Eliminate/delegate immediately/train and delegate)	WHEN

STOP DOING

If you STOPPED doing these tasks immediately...What difference would that make for you personally?

What difference would that make for your business?

START DOING

What do you need to START doing that will kick start your results, increase your momentum or make a breakthrough?

START DOING LIST	WHEN CAN YOU START? (DAY, DATE, TIME)

PRACTICE ACCELERATION
RAPID PRACTICE GROWTH

START DOING

If you STARTED doing these tasks immediately...What difference would that make for you personally?

What difference would that make for your business?

What will be your first step?

PRACTICE ACCELERATION
RAPID PRACTICE GROWTH

AMPLIFY

What do you need to do MORE of, or with GREATER intensity or focus to accelerate your results to a new level?

AMPLIFY LIST	WHEN CAN YOU START? (DAY, DATE, TIME)

PRACTICE ACCELERATION
RAPID PRACTICE GROWTH

If you did more of these tasks immediately...What difference would that make for you personally?

What difference would that make for your business?

What will be your first step?